



GLOBAL WELLNESS
SUMMIT 2017



10 Good Reasons to Go for a Walk and Other Wellness Ideas

Mary Anne Malleret, Director, The Monthly Barometer, France

Thierry Malleret, Co-Founder, The Monthly Barometer &
Co-Founder, Well Intelligence, France





MONTHLY BAROMETER

PRESCIENT & SUCCINCT ANALYSIS OF WHAT'S OUT THERE

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First Steps



Ten Good Reasons To Go For A Walk

10 Good Reasons to Go for a Walk



Thierry & Mary Anne Malleret

Foreword by Klaus Schwab

When you walk ideas pop up!





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